

**Coventry and District Association of Swimming Clubs**

Affiliated to ASA WM Region Held under ASA Laws and Technical Rules

Licensed at Level 3

To be held at Pingles, Nuneaton

**Conditions for Primary Galas**

AGE AS AT 31st December 2017 Licence Level 3

1. This meet is being held on Saturday the 7th and Sunday 8th & 15th October 2017 and is restricted to swimmers who are members of clubs affiliated to the Association and whose times fall within the accepted limits (see Qualifying times).
2. A Sportsystems entry file will be e-mailed to each club, entries should be **made electronically via the appropriate club** and returned to [georgina.holtom@btinternet.com](mailto:georgina.holtom@btinternet.com) Clubs are responsible for the accuracy of their entries, any entries without times will not be accepted.

Entry for 100m TT Freestyle should be submitted on separate spread sheet.

1. Entry Fees will be £4.50 per event entered. Only entries which are received with payment (a club cheque made payable to the Coventry and District ASC or Bank Transfer) before the closing date 10th September 2017 will be accepted. Any cheques should be sent to:

Georgina Holtom

27Deronda Close

Bedworth

CV12 8QY

**There will be no refunds on entry fees and late entries will not be accepted.**

**The promoters reserve the rights to change starts time or to limit the amount of entries into an individual event should the need arise.**

1. Clubs will be issued with an appropriate number of Starts Lists and Wristbands (free of charge) and only Coaches and Team Managers wearing wristbands will be allowed onto poolside.
2. Each club is responsible for providing the following officials for **each session**.

1 Judge (minimum ASA qualificationJ1)

2 Timekeepers (minimum qualification ASA timekeeper in training for J1)

ASA number must be provided

This information should be submitted to Sally Stowe [sallystow@btinternet.com](mailto:sallystow@btinternet.com) at least two weeks prior to the event.

1. Clubs must ensure that if their swimmers are using the starting block that they have reached the competitive start award standard.

Overhead starts will be used.

1. Each club is responsible for the safety of their swimmers during the warm up. A Warm Up Marshall will oversee the warm up session.
2. As the space is limited, it is requested that swimmers do not take large bags onto poolside but these should be left in the lockers provided in the changing rooms.
3. Coaches and Team Managers will not be allowed to obstruct the area used for the marshalling of swimmers on the Balcony Side of the pool area.

Only Officials and Current Competitors will be allowed behind the blocks during the Gala.

1. All 50 and 100m Events will have finals with the exception of the 100m Thomson Trust and 100m IM, 200m and 400m events will be Declare Winner

**Age Groups for entries**:

Girls/Boys 10yrs 50m, 100 & 200m each stroke

100m & 200m IM 400 Free

Girls/Boys 11/12/13/14/15ov 50m, 100m, and 200m each stroke

400m Free and 100m 200m & 400 IM

Girls/Boys 11/16 100m Free Tomson Trust

**Medals will be awarded as Follows**:

50m Events All finalists

100m Events All Finalists

100IM, 200m Events & 400 Free 10/11/12/13/14/15ov (First 8 Places in each Age Group)

400m IM Event 11/12/13/14/15ov (First 8 Places in each Age Group)

Thomson Trust Trophies will be present to the Overall winner of the events (100m TT Trophy can only be won once by an Individual Swimmer and the swimmer may not enter this event in future years)

1. To prevent empty lanes it is essential that any swimmer who has entered but is unable to compete on the day withdraws. These withdrawals can be made either by e-mailing [withdraw@canddswimming.org.uk](mailto:withdraw@canddswimming.org.uk) .

Or on the day of meet, but this must be done at least one hour before the start of the Gala. Please be aware that we have chosen not to enforce fines for non-withdrawals, however abuse of this rule will result in fines being applied for future events.

1. Clubs must abide by the promoter’s conditions.

**QUALIFYING TIMES**

**Qualifying times are Short Course and should be No Faster than times Shown in the Table Below**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Boys** | | | | | |  | **Girls** | | | | | |
| **Event** | 10 | 11 | 12 | 13 | 14 | 15/OV |  | 10 | 11 | 12 | 13 | 14 | 15/0v |
| **50m Free** | 31.1 | 29.6 | 27.9 | 26.6 | 25.6 | 24.8 |  | 31.4 | 30. | 28.6 | 27.9 | 27.5 | 27.10 |
| **100m Free** | 1.07.8 | 1.03.9 | 59.8 | 56.8 | 54.8 | 53.6 |  | 1.09.0 | 1.04.3 | 1.01.0 | 59.6 | 58.6 | 58.00 |
| **200m Free** | 2.26.1 | 2.18.0 | 2.09.8 | 2.03.4 | 1.59.0 | 1.56.4 |  | 2.26.5 | 2.18.4 | 2.11.0 | 2.07.6 | 2.05.9 | 2.04.4 |
| **400m Free** | 5.07.2 | 4.47.7 | 4.31.7 | 4.19.5 | 4.11.6 | 4.05.8 |  | 5.11.3 | 4.47.2 | 4.32.4 | 4.26.0 | 4.22.7 | 4.19.4 |
| **50m Breast** | 41.0 | 38.5 | 36.1 | 33.8 | 32.5 | 31.4 |  | 41.00 | 38.5 | 36.4 | 35.20 | 34.5 | 34.00 |
| **100m Breast** | 1.29.3 | 1.22.7 | 1.17.2 | 1.12.3 | 1.09.5 | 1.07.3 |  | 1.29.6 | 1.22.5 | 1.18.0 | 1.15.1 | 1.13.0 | 1.12.4 |
| **200m Breast** | 3.10.6 | 2.57.4 | 2.46.6 | 2.36.7 | 2.30.2 | 2.26.1 |  | 3.10.2 | 2.56.9 | 2.47.2 | 2.41.1 | 2.37.7 | 2.36.3 |
| **50m Fly** | 34.9 | 32.8 | 31.1 | 29.3 | 28.1 | 27.1 |  | 34.8 | 33.1 | 31.4 | 30.5 | 29.9 | 29.4 |
| **100m Fly** | 1.19.6 | 1.12.5 | 1.07.6 | 1.03.6 | 1.00.8 | 58.8 |  | 1.19.3 | 1.12.6 | 1.08.2 | 1.06.2 | 1.04.6 | 1.04.1 |
| **200m Fly** | 2.54.0 | 2.38.3 | 2.28.8 | 2.20.5 | 2.14.6 | 2.09.1 |  | 2.56.0 | 2.39.8 | 2.29.4 | 2.24.4 | 2.20.9 | 2.18.8 |
| **50m Back** | 36.0 | 34.1 | 32.3 | 30.4 | 29.4 | 28.4 |  | 35.9 | 34.0 | 32.5 | 31.6 | 31.0 | 30.7 |
| **100m Back** | 1.18.3 | 1.12.3 | 1.08.0 | 1.04.1 | 1.01.4 | 59.5 |  | 1.18.1 | 1.12.3 | 1.08.2 | 1.06.2 | 1.05.1 | 1.04.1 |
| **200m Back** | 2.44.0 | 2.33.8 | 2.25.0 | 2.17.2 | 2.11.7 | 2.08.1 |  | 2.45.1 | 2.32.5 | 2.25.0 | 2.21.5 | 2.19.2 | 2.16.9 |
| **100m Ind Med** | 1.26.00 | 1.21.00 | 1.17.00 | 1.14.00 | 1.10.00 | 1.08.00 |  | 1.26.50 | 1.23.00 | 1.20.00 | 1.17.00 | 1.14.00 | 1.11.00 |
| **200m Ind Med** | 2.48.10 | 2.36.8 | 2.27.9 | 2.20.7 | 2.14.6 | 2.11.2 |  | 2.47.4 | 2.36.3 | 2.28.2 | 2.24.7 | 2.22.1 | 2.20.5 |
| **400m Ind Med** | N/A | 5.32.4 | 5.11.6 | 4.56.9 | 4.44.8 | 4.37.1 |  | N/A | 5.29.9 | 5.11.9 | 5.02.8 | 4.58.1 | 4.54.8 |

**Tomson Trust 100m Freestyle Qualifying Times**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Boys** | | |  | **Girls** | | |
|  | No Faster than | No Slower than |  |  | No Faster than | No Slower than |
| Age 11/16 years | 53.6 | 1.02.00 |  | Age 11/16 years | 58.00 | 1.05.00 |

**COVENTRY & DISTRICT ASSOCIATION OF SWIMMING CLUBS**

**Primary Galas 2017 - Schedule of Events**

GALA 1 Saturday 7th October 2017 Start time 2.00 pm GALA 2 7th October 2017 Start TBA

101 Boys 10yrs/over 100m Butterfly (Heats) 201 Girls 10yrs/over TT 200m Freestyle (HDW)

102 Girls 10yrs/over 200m Ind Med (HDW) 202 Boys 11yrs/over 400m IM (HDW)

103 Boys 10yrs/over 50 Breaststroke (Heats) 203 Girls 10yrs/over 50m Backstroke (Heats)

104 Girls 10yrs/over 100m Backstroke (Heats) 204 Boys 10yrs/over 50m Freestyle (Heats)

105 Boys 10yrs/over 200m Breaststroke (HDW) 205 Girls 10yrs/over 100m Butterfly (Heats)

106 Girls 10yrs/over 50m Breaststroke (Heats) 206 Boys 10yrs/over 200m Backstroke (HDW)

107 – 112 Boys 100 Butterfly Finals 207 – 212 Girls 50 Backstroke Finals

113 - 118 Girls 100 Backstroke Finals 213 – 218 Boys 50 Freestyle Finals

119 – 124 Boys 50 Breaststroke Finals 219 – 224 Girls 100 Butterfly Finals

125 -`130 Girls 50 Breaststroke Finals

GALA 3 Sunday 8th October 2017 9.00 am GALA 4 Sunday 8th October 2017 Start TBA

301 Boys 11/16yrs 100 Freestyle TT (HDW) 401 Girls 10yrs/over 100 Freestyle (Heats)

302 Girls 11/16yrs 100 Freestyle TT (HDW) 402 Boys 10yrs/over 100 Breaststroke (Heats)

303 Boys 10yrs/over 50 Backstroke (Heats) 403 Girls 10yrs/over 200m Butterfly (HDW)

304 Girls 10yrs/over 100 Breaststroke (Heats) 404 Boys 10yrs/over 200m Ind Med (HDW)

305 Boys 10/yrs/over 200 Butterfly (HDW) 405 Girls 10yrs/over 50m Butterfly (Heats)

306 Girls 10yrs/over 200 Backstroke (HDW) 406 Boys 10yrs/over 400 Freestyle (HDW)

307 Boys 10yrs/over 100 Freestyle (Heats) 407 - 412 Girls 100 Freestyle Finals

308 Girls 10yrs/over 400 Freestyle (HDW) 413 – 418 Boys 100 Breaststroke Finals

309 – 314 Boys 50 Backstroke Finals 419 – 424 Girls 50 Butterfly Finals

315 – 320 Girls 100 Breastroke Finals

321 – 326 Boys 100 Freestyle Finals

GALA 5 Sunday 15h October 2017 10.00 am

501 Girls 11yrs/over 400 Ind Medley (HDW)

502 Boys 10yrs/over 100 Backstroke (Heats)

503 Girls 10yrs/over 50 Freestyle (Heats)

504 Boys 10yrs/over 50 Buttlerfly (Heats)

505 Girls 10yrs/over 200 Breaststroke (HDW)

506 Boys 10yrs/over TT 200 Freestyle (HDW)

507 Girls 10yrs/over 100 IM (HDW)

508 Boys 10yrs/over 100 IM (HDW)

509 – 514 Boys 50 Butterfly Finals

515 – 520 Girls 50 Freestyle Finals

521 – 526 Boys 100 Backstroke Finals