,

Rugby Swimming Club

(Affiliated to Swim England West Midlands Region)

Open Meet 2026

To be held under Swim England Laws and Technical rules

(Level 3 License: 3WM260270)

Event	**Rugby Swimming Club Open Meet 2026**
Venue	The Queen's Diamond Jubilee Centre, Bruce Williams Way, Rugby, CV22 5LJ
Date	**Saturday 7th and Sunday 8th March 2026**
Time	Session 1: Saturday 7th March – warm up 13:00, start 14:00 Session 2: Saturday 7th March – warm up 16:30, start 17:15 Session 3: Sunday 8th March – warm up 08:30, start 09:30 Session 4: Sunday 8th March – warm up 11:40, start 12:30
Pool	Electronic timing, 8 lane, 25m pool
Events	50, 100, 200m All strokes 400m Freestyle 200m Individual medley
Age groups	9, 10, 11, 12, 13, 14 years 15/over. **Age as of 8th March 2026**
Fees	£8.00 per race
Payment to	Rugby Swimming Club Sort Code: 20-73-48 Account Number: 83410730, Ref: [swimmer's name]/RSCOpen25
Entries to	rugbyopen@rugbyswimmingclub.co.uk
Closing date for entries	Midnight, **Sunday 8th February,** unless meet fills up before then.

Key Information

SWIMMERS AND COACHES:

EVENT: This event has been licensed at Level 3 (license number **3WM260270** by the ASA for Entry into County and Regional Competitions.

VENUE: The Queens Diamond Jubilee Centre, Bruce Williams Way, Rugby, Warwickshire, CV22 5LJ. There's a large car park at the Centre and an adjacent recreation park. The Centre is only a short walk from the town centre.

DATE: It'll be a spectacular two-day event on Saturday 7th March and Sunday 8th March 2026.

TIME: Make sure you check the timings and arrive in plenty of time for warm up;

- Session 1: Saturday 7th March, warm up 13:00, start 14:00
- Session 2: Saturday 7th March, warm up 16:30, start 17:15
- Session 3: Sunday 8th March, warm up 08:30, start 09:30
- Session 4: Sunday 8th March, warm up 11:40, start 12:30

POOL: The length of the pool is 25m (eight lanes) with anti-turbulence lane ropes. We'll be using Swiss Timing Quantum Aquatics electronic timing and OMEGA timing pads. The depth of water at the shallow end is 1 metre and at the deep end is 2.5 metres. There's also a secondary strobe light available for those who need it.

We'll be using the studio pool for cool down, it's 17m x 8m, with a maximum depth of 1.8m.

Warm up will take place 1 hour before the start of each session.

Each club is responsible for the safety and behaviour of their swimmers during the warm up and cool down.

AGE GROUPS: 9, 10, 11, 12, 13, 14 years and 15/over. **Age is at 8th March 2026**.

SEEDING: All events will be seeded in time classification – the slowest competitors will be in the first heats.

AWARDS: Individual awards will be made to the first three swimmers in each age category: 9, 10, 11, 12, 13, 14, and 15/over. Winners will be announced at the event and they will be able to collect their medals poolside.

POOLSIDE: Only Swimmers, Coaches, Personal Attendants with a pass and Officials will be allowed on poolside during the Meet.

Camping chair will not be allowed poolside. Competitors will be asked to remove them if necessary

COACH PASS: Pre-booked coach's passes will be available at £20 per single day (including food). This includes a programme, club result sheets and pass. These are collected from the Registration Desk located outside of the changing rooms, and pre-ordered on the entry form contained within this information pack.

It is the responsibility of the Club applying for Coach passes to make sure their Coaches and team managers are DBS checked and named on the application form. Passes will only be given to those named by their Club.

OFFICIALS:

OFFICIALS: Visiting clubs with ten or more swimmers are kindly requested to provide at least two qualified officials to each session. Please contact the Officials Coordinator officials@rugbyswimmingclub.co.uk with details of your volunteers and any questions. Professional catering for those volunteering at consecutive sessions on the same day, and refreshments will be provided for Officials.

SPECTATORS:

There's a large balcony at the Centre so you'll be able to watch your swimmer and cheer them on. We'll be charging £5.00 per session, £8.00 all day or £15 for the weekend for entry to spectate.

Wet swimmers are not allowed in the spectator area.

REFRESHMENTS: There's a café at the Centre which serves hot and cold food and drink. Please note the centre is a cashless facility.

PARKING: There is a large car park at the centre. Parking is free if your stay is less than 3 hours. Spectators parking longer than 3 hours will need to pay for parking. There is a charge of £1 for event parking on the parking app.

PHOTOGRAPHY: Sorry, you're not allowed to take any photos or videos inside The Queen's Diamond Jubilee Centre, unless you have applied for permission to do so. However, we do hope to secure a professional photographer for the meet, and photographs will be available to purchase.

Rules and conditions

1. The Promoter of the Rugby Open Meet 2026 is Rugby Swimming Club. For any queries relating to this competition please contact Kaylee Cox on rugbyopen@rugbyswimmingclub.co.uk
2. The competition will be held under A.S.A. Law and A.S.A. Technical Rules.
3. The competition is open to Swim England level 2 members only.
4. There are upper qualifying times for this Meet and they are included in this pack
5. All events will be heat declared winners.
6. Swimmers diving into the pool must have reached the standard of the A.S.A. Preliminary Competitive Start Award. Those who have not achieved this standard must start in the water. Coaches are to oversee their own swimmers during the warm up.
7. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female
8. Club entries to be submitted electronically using the Sportsystems Entry Manager, with one submission only per club. Email Meet Manager for the entry file set rugbyopen@rugbyswimmingclub.co.uk The entry fee must accompany the entry submission and will be non-returnable if the entry is accepted.
9. We will also accept entries from individual swimmers. Complete the entry form on page 7 and email to the Meet Manager. Entries will not be accepted without the appropriate fee being paid.
10. The Promoter reserves the right to restrict the number of entries, based on a 'First Come, First Served' basis.
11. By entering the competition you agree to the swimmer's name, age and entered events appearing on the Rugby Swimming Club and ASA/Swim England websites in line with confirmed or rejected entries and published results on Rankings.
12. All details of accepted/rejected entries will be posted on the club website, All details must be checked by swimmers (or their guardians) and any changes notified immediately by email to Meet Manager. Refunds for any rejected entries will be made by bank transfer.
13. There will be no refunds on entry fees once the meet has closed unless a swimmer has been selected for national, regional, and county events or training programmes on the day of the meet – in which case a refund will be provided
14. The start list will be created one hour before each session. If swimmers don't attend their heat then it will be swum with an empty lane. No changes can be made after the start list is created, and no filling of empty lanes will be allowed. Please make every effort to withdraw from events that you are not swimming in.
15. Over the top and side by side (for backstroke) starts may be used.
16. We will be using a secondary strobe light for starts subject to availability at the pool.
17. Start times are as stated in this information pack. If they need to change details will be published on the club website.
18. Sportsystems meet management system will be used to run the event.
19. Please email withdrawals to Meet Manager. Alternatively, complete a withdrawal slip on the day, at least one hour before the start of the session.
20. Any item not covered within these conditions will be at the sole discretion of the Promoter.
21. Results will be posted on the club website and results files will be provided to ASA Rankings.
22. Visiting clubs with ten or more swimmers are kindly requested to provide at least two qualified officials to each session. Please contact the Officials Coordinator with details.
23. For any questions or complaints about these terms, please email the Open Meet Manager
24. You can find a copy of this information pack at www.rugbyswimmingclub.co.uk

Key Contacts:

Meet Manager	rugbyopen@rugbyswimmingclub.co.uk
Officials Coordinator	officials@rugbyswimmingclub.co.uk
Club Website	www.rugbyswimmingclub.co.uk

Rugby SC Open Meet 2026

Level 3 License: 3WM260270

Programme of Events

Session 1: Saturday 7th March			
Warm up: 13:00 start 14:00			
Event no.	**Event**		
101	Girls	400m	Freestyle
102	Boy/Open	100m	Backstroke
103	Girls	200m	Backstroke
104	Boy/Open	200m	Butterfly
105	Girls	50m	Butterfly
106	Boy/Open	50m	Freestyle
107	Girls	100m	Breaststroke

Session 2: Saturday 7th March			
Warm up: 16:30 start 17:15			
Event no.	**Event**		
201	Boy/Open	200m	Breaststroke
202	Girls	100m	Freestyle
203	Boy/Open	200m	Freestyle
204	Girls	50m	Breaststroke
205	Boy/Open	50m	Backstroke
206	Girls	200m	Indiv. Medley
207	Boy/Open	100m	Butterfly

Session 3: Sunday 8th March			
Warm up: 08:30, start 09:30			
Event no.	**Event**		
301	Boy/Open	400m	Freestyle
302	Girls	100m	Backstroke
303	Boy/Open	200m	Backstroke
304	Girls	200m	Butterfly
305	Boy/Open	50m	Butterfly
306	Girls	50m	Freestyle
307	Boy/Open	100m	Breaststroke

Session 4: Sunday 8th March			
Warm up: 11:40 start 12:30			
Event no.	**Event**		
401	Girls	200m	Breaststroke
402	Boy/Open	100m	Freestyle
403	Girls	200m	Freestyle
404	Boy/Open	50m	Breaststroke
405	Girls	50m	Backstroke
406	Boy/Open	200m	Indiv. Medley
407	Girls	100m	Butterfly

Start times for sessions 2 & 4 to be confirmed after entries have been received

Upper time limits (Short Course 25m)

Upper Times (you must be slower than this to enter)

BOYS/OPEN					GIRLS			
9/10	**11/12**	**13/14**	**15+**	**EVENT**	**9/10**	**11/12**	**13/14**	**15+**
32.10	28.90	26.60	24.80	**50m Free**	31.40	30.00	27.90	27.10
1.07.80	59.80	56.80	53.60	**100m Free**	1.09.00	1.01.00	59.60	58.20
2.26.10	2.18.00	2.03.40	1.56.40	**200m Free**	2.26.50	2.18.00	2.07.60	2.04.40
5.07.20	4.31.70	4.19.60	4.05.80	**400m Free**	5.11.30	4.48.40	4.26.40	4.19.40
38.50	35.80	32.50	31.00	**50m Breast**	41.00	36.40	35.30	34.00
1.29.30	1.17.20	1.12.30	1.07.30	**100m Breast**	1.29.60	1.22.50	1.15.10	1.12.40
3.03.00	2.48.60	2.36.70	2.26.10	**200m Breast**	3.05.10	2.54.20	2.41.10	2.36.30
34.90	32.00	29.30	27.10	**50m Fly**	34.80	31.40	29.90	29.30
1.19.00	1.07.60	1.00.80	58.80	**100m Fly**	1.19.30	1.08.20	1.06.60	1.04.10
2.54.00	2.28.80	2.15.60	2.09.10	**200m Fly**	2.56.00	2.39.40	2.24.40	2.18.80
36.00	32.30	30.40	28.10	**50m Back**	35.90	33.50	31.60	30.70
1.18.30	1.08.00	1.01.40	59.50	**100m Back**	1.18.10	1.10.20	1.06.20	1.04.10
2.41.20	2.25.00	2.17.20	2.08.10	**200m Back**	2.48.20	2.32.00	2.21.50	2.16.90
2.48.10	2.27.90	2.17.60	2.11.20	**200m IM**	2.50.40	2.38.20	2.24.70	2.20.50

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INDIVIDUAL ENTRY FORM

FORENAME(S): ..... SURNAME: .....

ADDRESS: .....

DATE OF BIRTH: ..... **AGE AS AT 8/03/2026:** .....

EMAIL ADDRESS: ..... **SEX**: Male-Open / Female

TEL. No: ..... **CLUB**: .....

A.S.A REGISTRATION No: .....

EVENT	Entry time (Enter time for selected event)
50m FREESTYLE	
100m FREESTYLE	
200m FREESTYLE	
400m FREESTYLE	
50m BACKSTROKE	
100m BACKSTROKE	
200m BACKSTROKE	
50m BREASTSTROKE	
100m BREASTSTROKE	
200m BREASTSTROKE	
50m BUTTERFLY	
100m BUTTERFLY	
200m BUTTERFLY	
200m INDIVIDUAL MEDLEY	

No. of events entered @ £8.00 each: ..... Total Cost: .....

Payment by bank transfer to :

Rugby Swimming Club,
Sort Code: 20-73-48,
Account Number: 83410730,
Ref: [swimmer's name]/RSCOpen26.

This is to be made at the same time as submitting this form.

I declare that I am eligible to compete in the Rugby Open Meet 2026 accepting the Promoter's conditions of entry.

Signed .....

This form to be returned to the Meet Manager at rugbyopen@rugbyswimmingclub.co.uk

IMPORTANT

Please check on the club website (www.rugbyswimmingclub.co.uk) that the meet is not full before submitting entry.

Accepted entries will be posted on the club website after the closing date – it is the club's / swimmer's responsibility to check that these details are correct.

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Officials Coordinator
Email: officials@rugbyswimmingclub.co.uk

Dear Official,

It is with great pleasure that I invite you to officiate at our Rugby Open Meet 2024. This meet takes place at the Queens Diamond Jubilee Centre, Rugby on 7th – 8th March 2026.

- Session 1: Saturday 7th March, warm up 13:00, start 14:00
- Session 2: Saturday 7th March, warm up 16:30, start 17:15
- Session 3: Sunday 8th March, warm up 08:30, start 09:30
- Session 4: Sunday 8th March, warm up 11:40, start 12:30

Visiting clubs with ten or more swimmers are requested to provide at least two qualified officials to each session.

Sign up is via the attached link https://swim-meet.com/OfficialsSignup/Rugby/

Please contact officials@rugbyswimmingclub.co.uk with any queries.

- Professional catering and refreshments will be provided between sessions 1 and 2, and between sessions 3 and 4 for those covering consecutive sessions on the same day.
- Refreshments will also be provided in the Officials meeting area before the start of each session.
- Please advise any dietary requirements or any queries via email at the address above.
- Please note that we will need car registration numbers as The Queen's Diamond Jubilee Centre have recently introduced a parking charging system. This can be entered on the sign-up link. Parking is free for officials

Many thanks,

RSC Officials Coordinator

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Summary of Entries and Pool Side Passes

Total No of Entries: _____@ £8 per entry Total £_____

No. of Day Passes - Saturday: _____ @ £20.00 Total £_____

No of Day Passes - Sunday: _____ @ £20.00 Total £_____

Total Cost £_____

Please provide the names of all Coaches / Team Managers using passes, and which session they will be attending;

Name of Coach / Team Manager	Session			
	1	2	3	4

Coach Passes can only be purchased in advance of the Meet.

For administration purposes, please fill in contact details below:

Contact Name: _____ Club: _____

Tel No: _____ Email address: _____

I certify that all the above details are correct and that I will abide by the Promoter's conditions

Signed on behalf of all swimmers entered _____ (Club official)

Return to:
Meet Manager: rugbyopen@rugbyswimmingclub.co.uk